

Health and Safety Plan Summary: **Freeport Area School District**

Revised: **March 13, 2024**

FASD will adhere to a mask optional policy for the 2023-2024 school year for all students and staff. Any student or staff member may utilize a mask for their own individual health need. Students and staff that feel ill should remain home and seek medical attention.

The School Nurse will notify parents when their student presents themselves as being ill while in school. It will be the responsibility of the family to pick-up the student from school as soon as possible.

FASD will ensure continuity of educational services, including but not limited to services to address the students' academic needs, and students' and staff members' social, emotional, mental health, and other needs, during the 2023-2024 school year. The 2023-2024 schedules provide for the continuation of instruction through in person or remote learning if required, during a period of school closure.

Safety Plan Guidelines	Strategies, Policies, and Procedures
<b>a. Student and Staff Masking.</b>	An individual option for the 2023-2024 school year.
<b>b. Facilities and Scheduling.</b>	If required due to substantial evidence of illness, remote learning may be utilized in specific and limited emergency situations to maintain the continuity of student education.
<b>c. Handwashing and respiratory etiquette.</b>	FASD is always a strong proponent of handwashing. This includes signage and hand sanitizer in all classroom and common spaces.
<b>d. Cleaning and maintaining healthy facilities, including improved ventilation.</b>	Upgraded MERV filters will continue to be utilized in heating/cooling units. Continued sanitation methods will be used throughout the day, along with evening custodial services.
<b>e. Daily Self-Health Checklist.</b>	FASD encourages students and staff members to engage in daily self-checks prior to coming to school. For any illness, anyone with symptoms including temperatures of 100.0 degrees or more should remain home. To return to school, students should be fever-free for 24 hours WITHOUT the use of fever reducing medications and no remaining symptoms before being sent back to school.

Safety Plan Guidelines	Strategies, Policies, and Procedures
<p><b>f. Appropriate accommodations for students with disabilities with respect to health and safety policies.</b></p>	<p>FASD will not use individual, synchronous remote instruction in 2023-2024; however, other accommodations in IEPs and 504s will be provided.</p>
<p><b>g. Coordination with state and local health officials.</b></p>	<p>FASD remains in contact with the DOH and the Butler and Armstrong County Nurse contacts for guidance.</p>

**Preventing Spread of COVID-19 and Respiratory Viruses When You’re Sick:**

Recommendations from the Center for Disease Control and Prevention:

“When you may have tested positive for COVID-19 or any other respiratory virus... Stay home and away from others (including people you live with who are not sick) if you have respiratory virus symptoms that aren’t better explained by another cause. These symptoms can include fever, chills, fatigue, cough, runny nose, and headache, among others.\*

You can go back to your normal activities when, for at least 24 hours, both are true:  
 Your symptoms are getting better overall, and  
 You have not had a fever (and are not using fever-reducing medication).

When you go back to your normal activities, take added precaution over the next 5 days, such as taking additional steps for cleaner air, hygiene, masks, physical distancing, and/or testing when you will be around other people indoors.

Keep in mind that you may still be able to spread the virus that made you sick, even if you are feeling better. You are likely to be less contagious at this time, depending on factors like how long you were sick or how sick you were.

If you develop a fever or you start to feel worse after you have gone back to normal activities, stay home and away from others again until, for at least 24 hours, both are true: your symptoms are improving overall, and you have not had a fever (and are not using fever-reducing medication). Then take added precaution for the next 5 days.”

*About Preventing Spread of Respiratory Viruses When You’re Sick | Respiratory Illnesses | CDC.*  
[www.cdc.gov/respiratory-viruses/prevention/precautions-when-sick.html](http://www.cdc.gov/respiratory-viruses/prevention/precautions-when-sick.html).

For your absence to be coded as a medical excuse, a doctor’s note must be submitted to the school nurse/school office.

*\*As knowledge regarding COVID-19 is constantly changing, Freeport Area School District reserves the right to adjust and implement precautionary methods as necessary to decrease the risk of exposure for our staff, students, and school community.*